**Learning Styles**

**Your Scores:**

* Auditory: 20%
* Visual: 45%
* Tactile: 35%

I’m are a **Visual** learner!

This article was informative and gave me valuable tips on studying, I just wish I had read it sooner. I always thought I was a visual learner because I had always played video games growing up and watched anime. I was also interested in art and playing the guitar, so visual learning is a must for those hobbies. After reading the article I realized that I use all the learning styles as a part of my whole learning style (if that makes sense). I rely on reading documentation for coding, I watch a lot of videos to learn how others have done it, and then I subconsciously incorporate lo-fi music as a part of the background noise to minimize distractions. Usually, the combination of these learning styles helps me learn, but my main problem is that I am inefficient in my efforts. I should be spacing out my study sessions more instead of cramming it all in in one block of time. I should also be testing myself on the material to challenge myself. I never got into the habit of making flashcards either because I felt like it was too much work, but I think apps like quizlet can help me with that since everything is digitalized now. I am thankful for the research kind of reinforcing that the preferred learning styles of individuals don’t usually bring positive results when learning.